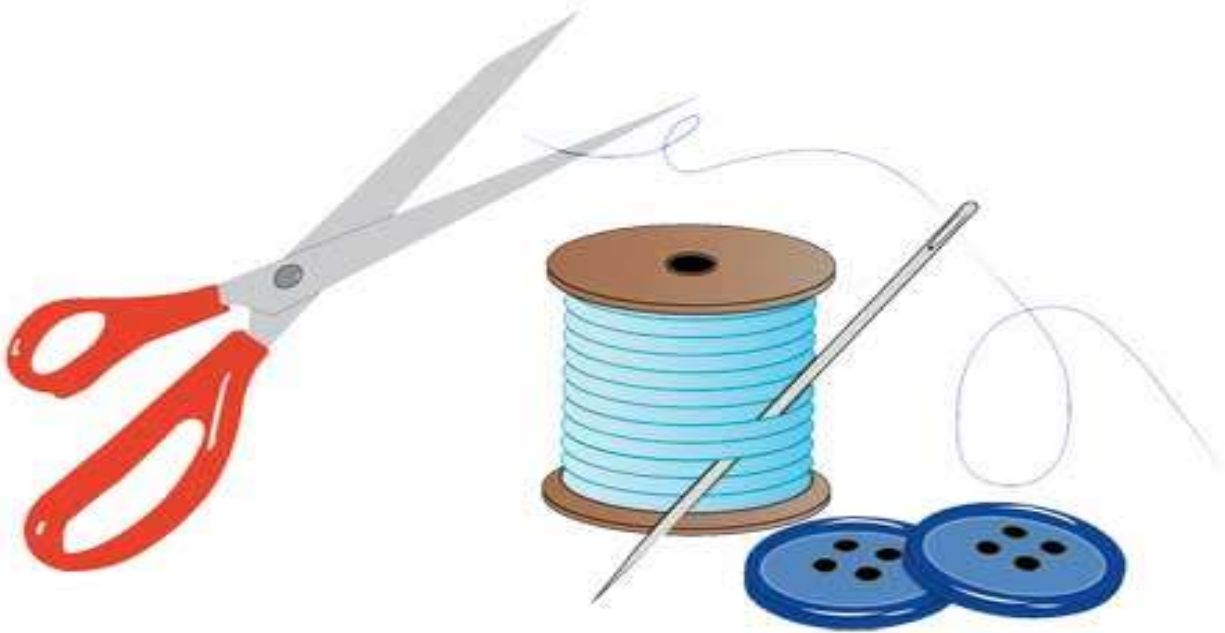




Birmingham PlayCare Network^ç

Craft Makeovers

Resource Pack



Welcome to the BPCN resource pack: Craft Makeovers.

If you are a member of BPCN scrap-store you will find lots of interesting activities to do in this resource pack for example:

- **Page 6. Patch work quilt:** various fabrics and tarpaulin of different sizes, textures and colours.
- **Page 8. Jazz up your hat and gloves:** Fur different sizes textures and colours
- **Pages 5 & 7 Designer bag or, swimming bag** accessories various bits and bobs you can use to stick on your bag.

This resource pack should encourage children to think how they can make use of unwanted resources and use them creatively.

Discuss with the children how re-vamping things can save money and how their own thoughts and ideas can make something look unique, also discuss the importance of not throwing things away and to consider if anybody could make use of their unwanted items.

Ask children to think about other clothing or items which could be revamped or resources which can be used to design things with.

Encouraged children to extend their ideas and thoughts to identify what other types of goods can be re-used or items which can be re-cycled for example:. Jars, packaging, make a compost bin.

The activities in this resource pack are just an example of the many things you can do with children to encourage another form of creative imaginative and exploratory play.

Why not use the resources from this resource pack in a loose parts session and see the types of ideas the children come up with.

Have a good time! Contact BPCN let us know how you get on.

If you are not a member of the scrap store why not join today. For further details on how to join contact: 0121 236-2917 or email bpcn@bpcn.org.uk

How to do back stitch

Most of the activities will require sewing; backstitch is a common and secure stitch

Step 1:

Begin the backstitch by poking the needle up through the fabric, and then back down to make a single stitch. Then poke the needle back up through the fabric a space away from the first stitch, as if you were doing the running stitch.



Step 2:

Now poke your needle back down through the fabric at the end of the first stitch. This is the "back" part of the backstitch.



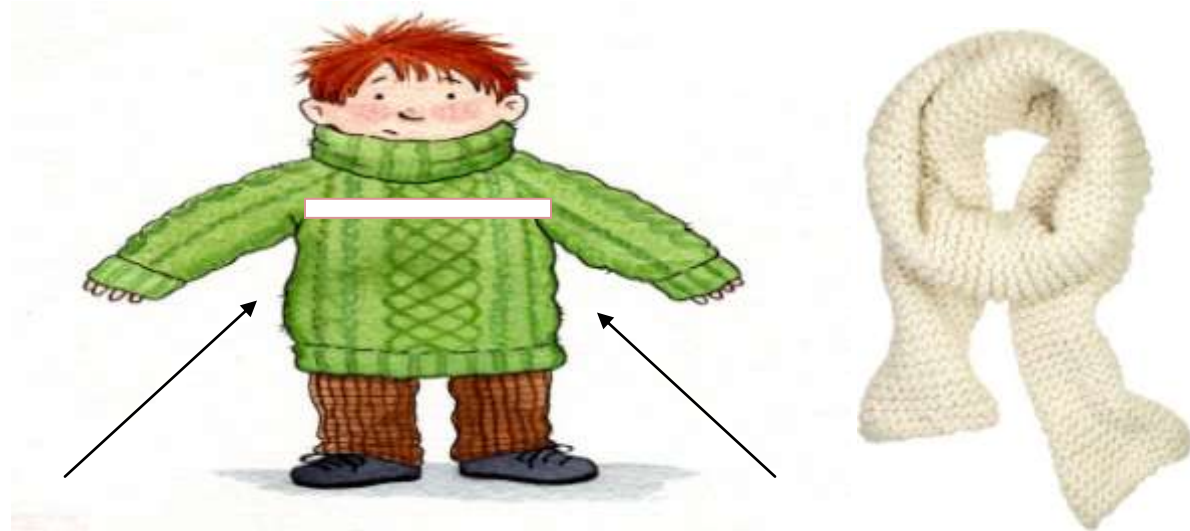
Step 3:

Now poke your needle up through the fabric a space away from the previous stitch. You will then stitch back again. Just repeat this pattern of stitching and you are good to go!



CUSTOM MADE SCARF

Ask the children to bring in an old woolly jumper an adult in their family no longer wears.



- Turn the jumper inside out
- Cut across the jumper under the arm right the way to the other side, this will leave the sleeves remaining. **(See arrows at Fig 1.)**
- Sew across the open ends of the sleeves with a large needle and wool preferably the same colour as the jumper. Leave a gap big enough to turn the jumper on the right side
- Turn the jumper on the right side and sew the gap
- Sew your name on the scarf with different coloured wool
- You have now made your own customized scarf

Designer Bags

Use the bottom part of the jumper to make a matching designer bag



- Sew the frayed end of the jumper; this will be the bottom end of the bag
- To make handles you can either:
 - (a) plait wool together
 - (b) use handles from an old bag
 - (c) run string through the hem of the jumper, pull the string until the two ends are level, sew the ends to the bottom end corner of the bag to make a ruck sack
- Attach the straps to the bag (**some children may need assistance to do this**)
- To give your bag that unique look design it with:
 - **Felt material:** (spell your name, make shapes or patterns).
 - **Buttons:** (cut buttons off old clothes, use various colours shapes and sizes)
 - **Sequins:** (arrange them to make creative designs)
 - **Accessories:** (ask family and friends for accessories they no longer wear diamonds will definitely give your bag that extra sparkle.



Patch work quilt



- Collect different types of material they can be different textures and sizes.
- Cut them into equal sized squares and join them until you have a large blanket
- Use the blanket for the chill out corner or make into smaller blankets for the home corner
- You may want to make cushion also just cut out the size you require sew and fill with things like old material or shredded paper



Invent a game

Each square represents a point

Use a ball of wool to throw on the patterns

Each person has three turns,

The highest score wins

Or invent your own twister game using the squares?

Swimming Bag

Here is a quick and simple way to make your own swim bag using a black bin liner

Fig 1.



Fig . 2



- Step 1.** Fold the bin liner in half and tape all the sides together, fold in half again.
- Step 2.** Leave one side open and tape the remaining three sides
- Step 3.** Fold and tape down 2cm of the open side down (to allow elastic to go through)
- Step 4.** Get two pieces of elastic and run them through the fold (you should have two pieces of elastic dangling at either side)
- Step 5.** Use a hole punch and make two holes at the bottom of the bag tape over the holes from inside the bag and pierce (fig 1.)
- Step 6.** Run the elastic through the holes and knot ensure the knot is secure (See arrow at fig 1.)
- Step 7.** Decorate the bags with sequins, tarpaulin or anything you like (fig 2.)

Jazz up your winter gloves and hat

With winter fast approaching why not treat to you to an exclusive pair of gloves or an hat?



If you have a plain pair of gloves or hat use a strip of fur to decorate them and give them an exclusive look.

- Cut a strip of fur for the required length of the hat or gloves
- Tack the fur down to the glove or hat to make sure it stays in place
- Stitch the fur down firmly using a secure stitch (back stitch)
- Look at the items below to see how your hat/scarf may look





Ear Muffs

Jazz up your head phones or turn them into stylish ear muffs

Jazz your head phones

- Place the ear part of the head phone on a piece of fur
- Draw and cut around the ear phone part around 3cm wide
- Use back stitch make a hem all the way round the circle enough to run elastic through
- Run the elastic through the hem
- Put the fur over the earphone part pull both ends of elastic and tie

Ear muffs

- *Put the ear part of your head phone on your piece of fur draw out four circles*
- *Tack two pieces of fur on the ear part, one for the front and back*
- *Using back stick sew all the way around the circle*

Additional features

- Why not cover the plastic band with fur also
- If you want you can draw a shape such as a heart (see below)



Other makeover ideas



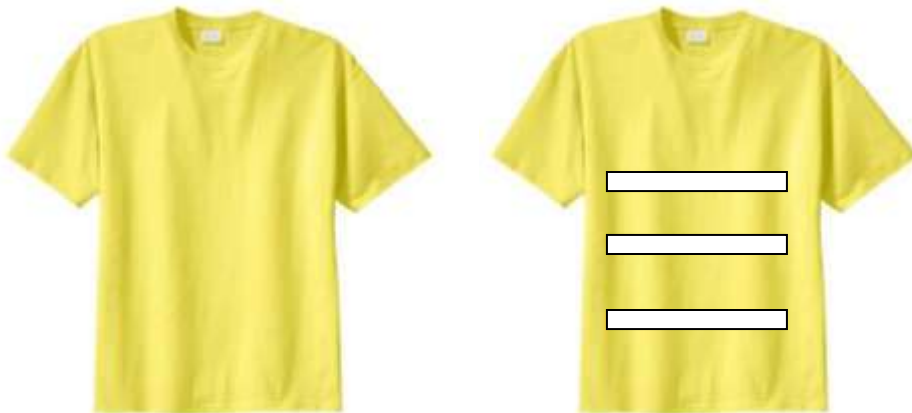
- Use an old denim jackets.
- Button it up and turn it inside out.
- Cut the sleeves off.
- Stitch all the way round in a u shape.
- Use the sleeves to make straps.
- Place an old bag inside.
- Jazz up the outside of the bag using fabric paint, flower material or studs.



- Bling up a base ball cap or a wooly hat with sequins or studs.
- Use fabric glue and create your own design.
- Spell your name or your favorite football team.



- Turn a pair of jeans into shorts by simply chopping them off at the knee.
- Wear it alone, when it gets cold, wear leggings or tights underneath.
- Sew sequins on for that extra sparkle or use studs.



- There are a lots of things you can do to revive t-shirts
- Cut off the neckline to give it an 80`s feel
- Cut strips across the t-shirt and wear a vest underneath, this is a good activity for carnival season
- You may want to be even more creative by cutting the strips in a different direction.

Useful tips

Activities in the resource pack can be made adaptable for younger children, you don't need to be able to sew to create some of the designs. You may want to consider using a plastic needle for younger children or a glue gun to stick things on rather than sewing. Double sided tape is another good way of sticking things onto fabric. Remember health and safety when children are use needles, ensure they have adequate space when pulling the needle through.

Other useful sites

[www.rcycling](http://www.rcyclingguide.org.uk) guide.org.uk

www.nichetopics.info/creative-ways-to-recycle-cds.

Membership

Please update your membership to ensure access to the new BPCN Scrap Store. Once you are a member there is NO charge for the scrap and you will be entitled 2 picks per month.

The scrap-store offers out of school providers, schools, community groups and individuals the opportunity to access a wide range of high quality materials including foam, card, wood, paper, foil, cable reels, fabric and rubber hoops. You will also save money and promote reuse of waste materials.